



the women's
the royal women's hospital

African Women's Clinic

Applying anaesthetic cream before your procedure

We'll give an anaesthetic (numbing) cream to put on before the procedure. It will make it more comfortable for you to have a local anaesthetic injection. This injection is given to the area we are going to cut. The cream will numb the area, and then the injection will numb the area more.

You may apply this cream at home if you like.

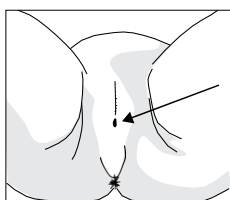
If you prefer, a nurse/midwife can apply it for you at the start of your appointment, before your procedure. Please bring the cream with you to your appointment.

Before you apply the cream, make sure the area is clean and dry. You may shave or wax the area if you want.

What to do before your appointment

One hour before your appointment for the procedure:

- apply a thick layer of cream to the scarred area that will be opened
- put the plastic dressing we gave you at your first appointment on top of the cream.



We'll remove the dressing and cream before your procedure.

If you feel any stinging or burning, wash the cream off with warm soapy water. Tell the nurse/midwife about it when you arrive for your appointment.

If you have any concerns, or you're not sure where to apply the cream, the nurse/midwife will answer your questions.

Contact details

The Family and Reproductive Rights Education Program (FARREP) workers are available Monday to Friday, 9am to 5pm

T: (03) 8345 3058

E: farrep.program@thewomens.org.au

F: (03) 8345 3053

Or contact the FARREP worker at your local community health centre.

Search our website for more information:
www.thewomens.org.au/health-information

Language link

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للحصول على المعلومات بلغتكم زوروا موقعنا الإلكتروني

用您說的語言瞭解詳情，請瀏覽我們的網站

Για πληροφορίες στη γλώσσα σας επισκεφθείτε την ιστοσελίδα μας

अपनी भाषा में जानकारी प्राप्त करने के लिए हमारी वेबसाइट पर जाएं

Per informazioni nella vostra lingua visitate il nostro sito web

Macluumaad intaas ka badan oo af Somali ah booqo websaytkayaga

Kendi dilinizde bilgi almak için web sitemizi ziyaret edin

Để biết thông tin bằng ngôn ngữ của quý vị, hãy truy cập trang mạng của chúng tôi

Do you need an interpreter?



Interpreter

You can ask for an interpreter if you need one.

Family Violence Support

1800 Respect National Helpline

You can get help if you have experienced sexual assault, domestic or family violence and abuse.

You can call any time of day or night.

1800 737 732

1800respect.org.au

Disclaimer: This fact sheet provides general information only. For specific advice about your healthcare needs, you should seek advice from your health professional. The Royal Women's Hospital does not accept any responsibility for loss or damage arising from your reliance on this fact sheet instead of seeing a health professional. If you require urgent medical attention, please contact your nearest emergency department.

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