

NICU Volunteer Program: Supporting NICU parents and babies



the women's
the royal women's hospital

What is the NICU Volunteer Program?

The NICU Volunteer Program aims to provide extra support to you and your baby while you are in the care of the Women's Neonatal Intensive Care Unit (NICU).

NICU Volunteers provide a helping hand and a listening ear when you need it. They can also help to settle, soothe, and comfort your baby at times when you can't be there.

Who are the NICU Volunteers?

NICU Volunteers are part of our multi-disciplinary care team in NICU. They are selected, trained, and supported by us to provide exceptional care to you and your family.

The NICU Volunteers:

- are warm, friendly, caring, and professional
- have extensive experience in caring for babies
- reflect the values of the Women's
- meet the same screening, security, and confidentiality requirements as paid staff
- must have current Police and Working with Children Checks
- comply with the Women's policies and procedures.

How can NICU Volunteers help me and my baby?

You decide the kind of support you would like, and when you would like it.

For example, the volunteers can:

- help you find the hospital café so that you can take a break
- help you spend quality time with your baby by providing activities for young siblings in the same room as you and your baby
- provide comfort and support to your baby when you can't be there, for example:
 - read to or sing to your baby
 - help your baby have time outside their cot with support and gentle play
 - hold, settle and soothe your baby when they need extra comfort and care.

When you sign up to the NICU Volunteer Program, together we can create a tailored program of care for you and your baby. Support can be provided on the specific days and times that you like.

Want to know more?

Your Care Manager team can provide more information about the program. You can also ask to meet a NICU Volunteer to hear first-hand about the support they can offer you.

Sign up for support

If you would like our NICU Volunteers to support you and your baby, please speak with your Care Manager team and complete the form on the back of this page.

To sign up to the NICU Volunteer Program

Complete these details if you would like our NICU Volunteers to support you and your baby.

I wish to receive support from the NICU Volunteer Program.

Your name:

Your baby's name:

Your signature:

Date:

You can withdraw from the NICU Volunteer Program at any time.

Do you need an interpreter?



If you need an interpreter, remember you can ask for one.