



An chuah ka in zarh khat Nulepa nih hngalhawk

A chuak kami na fa bawhte a dam maw?

A ngandammi bawhte:

- an hmur le lei kha sen raang (pink) rawng an si lai
- an zak tang linh kha, nangmah bantuk in, 36.8°C le 37.3°C kar a si lai
- an zun le ek caan hmanten an chuak lai
- tuletuh nuk an ding lai i suimilam 24 chungah 8-12 kar an ding lai
- an i hlauh caan ah daitein an pawngkam sining kha an hngalh lai i thawngpang le aw tehna kha an hngalh lai
- nangmah nakin an thawchuah tlawmpal a rangdeuh lai i chikhat aa dinta tawn lai
- siarem lo le bawmh an herh caan ah an rawng thlen, tah, kut-ke hatchet tiah cawlcang asiloah therh tibantuk in an langhter lai.

A chuak kami na fa a zaw maw?

Atanglei bantuk in na fa a um ahcun:

- a thaw a chuah ti lo asiloah van dum rawng ah aathlen
- a hnukdawh - mit, kaa, kut le ke pawl dawh le merh
- hlauh khawh lo
- aw thang pawl zong hngalh lo, mei ceu in an mit kah zongah hngalh lo asiloah an baan ah duhsahten sihmi tehna hngalh lo.



Tuahding

Siizung ah

na sii saya/mah asiloah siibawi **chim colh** asiloah bawmh-hal-nak khalauk te kha **hmet colh**

Inn ah

000 chawn

An chuah ka in zarh khat chungah

Na fa a tanglei bantuk a si ahcun:

- a chuah ka in suimilam 24 chungah a taksa a aihret
- a chuah ka suimilam 24 chungah suimilam 6 nak tamdeuh chungah hnuk a din lo
- a chuah ka suimilam 24 chungah a zun/ek ceh lo in a um
- mit, hmur, kut le ke tehna dawh le ngerh
- pum, lu, hngawng, kut le ke tehna sawn le thatein tun khawh lo
- thaw rengpin chuah i hram aw bantuk chuah
- tah ning hman lo - tha um lo, aw teh tuk, hram asiloah a fak tibantuk in tah
- an ek ah thi a um
- taksa rau asiloah aihre rawng bantuk ah ithlen
- an thaw an dawp tikah an paw asiloah an tang tang in dawpmi lawh
- luak tamtuk an luak - a hnuvik voi thum hnuk an dinmi a cheunak tamdeuh an luak
- an luak a fian lo, cawhnuk asiloah aihre rawng banuk in an um



Tuah

Siizung ah

Na sii saya/mah asiloah siibawi kha chim.

Inn ah

- Suimilam 24 chung Nu le Ngakchia Ngandam Bawmhnak Chawhnuk Phone 13 22 29
- Suimilam 24 chung Sii Saya/mah te auhnak Phone 1300 60 60 24
- Na sang ummi siibawi sin kal pi
- Siizung i Emergency Department ah kal pi
- A herhtuk ahcun, **000** chawn

Fiang	Cawhnuk	Aihre	Aihre	Hring	Hring	Hring	Hring	Thi
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ASILOAH

- pakhatkhat a hman lo tiah na ruah.

Zaangfahnak in hngalhdng: Mah ca hi na phone/computer cung ah na zoh asiloah download na tuah dih in na print tikah an rawng a chuah ning kha na phone/computer setting na tuah ning nih a ngeih lai.

Reference: Morley CJ, Thornton AJ, Cole TJ, Hewson PH, Fowler MA. Baby Check: a scoring system to grade the severity of acute systemic illness in babies under 6 months old. Arch Dis Child. 1991 Jan;66(1):100-5. doi: 10.1136/adc.66.1.100.