



TESTICULAR BIOPSY

UNDER GENERAL ANAESTHETIC (GA)

Please read through the following information and instructions that are specific to the procedure you had today.

Fine Needle Testicular Biopsy under GA

- Recovery should take about 1 week.
- It is normal to have some bruising, tenderness and slight swelling for a few days.
- For the first 24 hours after procedure:
 - make sure you get adequate rest and avoid heavy lifting
 - wear supportive underwear
 - avoid excessive exercise, particularly cycling
 - do not drive a car or operate machinery
 - do not drink alcohol
 - do not sign any legal documents
 - please take care when walking and moving about as it is normal to feel light-headed after anaesthetic and pain medications
 - be aware of signs of infection, see below.

Open Testicular Biopsy under GA

- Recovery will take 1–2 weeks.
- For the first 24–48 hours after procedure:
 - make sure you get adequate rest and don't attend work
 - continue to regularly take analgesia such as Panadol or Panadeine or Panadeine Forte, if prescribed by the doctor, every 4–6 hours
 - wear supportive underwear
 - avoid excessive exercise, particularly cycling
 - do not drive a car or operate machinery
 - do not drink alcohol
 - do not sign any legal documents.

- It is quite normal to have some bruising, swelling and tenderness for the next 4–5 days.
- No heavy lifting for at least 5 days.
- You have sutures, and they are dissolvable. They do not need to be removed and will dissolve on their own.
- You may resume intercourse after 7 days if you feel comfortable unless the doctor states otherwise.
- Be aware of signs of infection.

Signs of infection

Symptoms may include:

- any significant pain in the testes which cannot be controlled by simple analgesia
- significant swelling of testes or scrotum
- a significant increase in bleeding or bruising
- your temperature is above 38 degrees.

If you develop any of these symptoms, notify your treating physician if you are a private patient.

Alternatively, call the Reproductive Services nurses on (03) 9473 4444 between 7.30am and 4.30pm Monday to Friday, 7.30am and 3.30pm Saturdays, or attend your nearest hospital emergency department

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