Monday 22nd & Tuesday 23rd July 2019
Venue: Tresillian Willoughby, 2 Second Avenue, Willoughby, NSW

Strongly Recommended Reading:
“Understanding Newborn Behaviour and Early Relationships: The Newborn Behavioural Observations (NBO) System Handbook”
By K. Nugent et al, Brookes: Baltimore, pg 51-130

Monday 22 July 2019, 2.00pm – 6.00pm
14:00 - 14:15 Registration and questionnaire at the venue
14:15 - 14:45 Introduction to the NBO practitioner training program
14:45 - 15:30 Foundations of the NBO as a relationship building tool for parents and their babies
15:30 - 16:15 Watching the baby: refining your observational skills
16:15 - 16:30 Break
16:30 - 17:15 The NBO step-by-step 1: Video demonstration
17:15 - 18:00 ‘Take-home’ concepts, homework and planning for Day Two

Tuesday 23 July 2019, 9:00am – 5:00pm
09:00 - 09:15 Introduction and aims for the workshop
09:15 - 09:45 Small group work including review of homework
09:45 - 10:30 The NBO step-by-step 2: Introducing and recording the NBO and providing anticipatory guidance
10:30 - 11:00 Administering the NBO (practice with dolls)
11:00 - 11:15 Break
11:15 - 12:00 Using the NBO to build relationships: in families and with families
12:00 - 12:30 Using the NBO with families from different cultural communities
12:30 - 13:30 Lunch
13:30 - 14:30 Role-play with dolls and complete NBO video
14:30 - 15:15 Working with at-risk infants and their families
15:15 - 15:30 Break
15:30 - 16:30 Live demonstration of NBO and discussion
16:30 - 17:00 Wrap up: steps to certification, post-training questionnaires