NEWBORN BEHAVIORAL OBSERVATIONS (NBO) SYSTEM
Education & Training for Professionals

Monday 17th & Tuesday 18th June 2019
Conference Rooms, Ground Floor, The Royal Women’s Hospital, Parkville

Strongly Recommended Reading:
“Understanding Newborn Behaviour and Early Relationships: The Newborn Behavioural Observations (NBO) System Handbook”
By K. Nugent et al, Brookes: Baltimore, pg 51-130

Monday 17 June 2019, 3.00pm – 7.00pm
15:00 - 15:15 Registration and questionnaire at the venue
15:15 - 15:45 Introduction to the NBO practitioner training program
15:45 - 16:30 Foundations of the NBO as a relationship building tool for parents and their babies
16:30 - 17:15 Watching the baby: refining your observational skills
17:15 - 17:30 Break
17:30 - 18:15 The NBO step-by-step 1: Video demonstration
18:15 - 19:00 ‘Take-home’ concepts, homework and planning for Day Two

Tuesday 18 June 2019, 9:00am – 5:00pm
09:00 - 09:15 Introduction and aims for the workshop
09:15 - 09:45 Small group work including review of homework
09:45 - 10:30 The NBO step-by-step 2: Introducing and recording the NBO and providing anticipatory guidance
10:30 - 11:00 Administering the NBO (practice with dolls)
11:00 - 11:15 Break
11:15 - 12:00 Using the NBO to build relationships: in families and with families
12:00 - 12:30 Using the NBO with families from different cultural communities
12:30 - 13:30 Lunch
13:30 - 14:30 Role-play with dolls and complete NBO video
14:30 - 15:15 Working with at-risk infants and their families
15:15 - 15:30 Break
15:30 - 16:30 Live demonstration of NBO and discussion
16:30 - 17:00 Wrap up: steps to certification, post-training questionnaires