

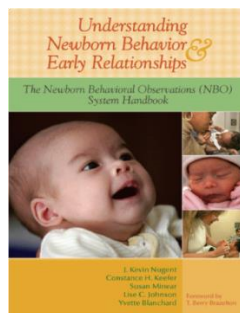


the women's
the royal women's hospital
victoria australia

NEWBORN BEHAVIORAL OBSERVATIONS (NBO) SYSTEM

Education & Training for Professionals

26th & 27th November, 2017
Royal Women's Hospital, Parkville



The NBO helps parents get to know and bond with their baby as a person. It is a brief, flexible, relationship-building session that helps parents observe and understand, together with the clinician, their infant's behavioural capacities and preferences. Through the 18 neuro-behavioural observations of the NBO session, parents identify the kind of support their infant needs for successful growth and development, from birth to the third month of life. These observations include the infant's:

- capacity to habituate to external light and sound stimuli (sleep protection)
- quality of motor tone and activity level
- capacity for self-regulation (including crying and consolability)
- visual, auditory and social-interactive capacities and preferences (alertness and responsiveness to human and non-human stimuli)

Royal Women's Hospital
Ground Floor Conference Rooms
20 Flemington Road
Parkville, Victoria

Day 1: Sunday 26th November 15:30-19:00

Day 2: Monday 27th November 9:00-17:00

Registrations

www.thewomens.org.au/wm-nbo

For more information email

nboaustralia@thewomens.org.au

The 1.5 day NBO training program is relevant to a range of professionals who work with families with newborns and very young infants, including midwives, perinatal and mental health clinicians, maternal and child health nurses, general practitioners, paediatricians, neonatologists, obstetricians, social workers, and family support workers.