NBO TRAINING
SCHEDULE FOR
3 DAY ONLINE WORKSHOP
SAMPLE 2021

NBO Australia at the Women’s
Day One:
Guide to NBO Items and Newborn Behaviours

1:00 Log in from 1pm, test your Zoom, ready to start at 1:30pm sharp.
1:30 Welcome!
   Goals and Objectives of NBO Training:
   Module 1
2:30 Step-by-Step through the NBO and Practice with Dolls:
   Module 2
3:15 Break
3:45 Step-by-Step through the NBO and Practice with Dolls:
   Module 2
4:15 Reading Behavioral Cues: Regulation & Dysregulation:
   Module 3
5:15 Wrap-up and Homework (18 NBO Items)
5:30 Finish
Day Two:
Guide to NBO theory and relationship building

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>12.30</td>
<td>Check-in from Day One</td>
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<tr>
<td>12:45</td>
<td>Focus on the infant: Module 4</td>
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<td>1:30</td>
<td>Case Study</td>
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<td>2:15</td>
<td>Focus on the parent: Module 5</td>
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<td>3:00</td>
<td>Break</td>
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<tr>
<td>3:30</td>
<td>Relationship-building and the NBO with Case Study: Module 6</td>
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<tr>
<td>4:30</td>
<td>Case Study</td>
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<tr>
<td>5:15</td>
<td>Wrap-up and Homework (Letter to Reynard’s dad)</td>
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<td>5:30</td>
<td>Finish</td>
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Day Three:
Guide to NBO implementation and fidelity

12:30 Check-in from Day Two and Homework Review
1:30 Case Study with Listening Activity
2:30 NBO Fidelity Checklist
3:00 Break
3:30 Doll Practice with Role Play in small Groups
4:00 Case Study
4:45 Implementation Opportunities and Challenges, Mentoring and Accreditation
   Module 7
5:30 Finish