

# NEWBORN BEHAVIORAL OBSERVATIONS (NBO) SYSTEM

## Education & Training for Professionals



the women's  
the royal women's hospital  
Victoria australia

### 16<sup>th</sup> & 17<sup>th</sup> February 2018, Launceston, TAS

The NBO helps parents get to know and bond with their baby as a person. It is a brief, flexible, relationship-building session that helps parents observe and understand, together with the clinician, their infant's behavioural capacities and preferences. Through the 18 neuro-behavioural observations of the NBO session, parents identify the kind of support their infant needs for successful growth and development, from birth to the third month of life.

These observations include the infant's:

- capacity to habituate to external light and sound stimuli (sleep protection)
- quality of motor tone and activity level
- capacity for self-regulation (including crying and consolability)
- visual, auditory and social-interactive capacities and preferences (alertness and responsiveness to human and non-human stimuli).

**Room 203, Level 2,  
Northern Integrated Care Centre,  
41 Frankland Street,  
Launceston TAS 7250**

**Registrations**  
<http://bit.do/NBO2018TAS>

**For more information**  
[nboaustralia@thewomens.org.au](mailto:nboaustralia@thewomens.org.au)

**Day 1:** Friday 16<sup>th</sup> February, 3.30pm to 7pm.

**Day 2:** Saturday 17<sup>th</sup> February, 9am to 5pm.

\*Bookings close 15<sup>th</sup> December 2017\*

The 1.5 day NBO training program is relevant to a range of professionals who work with families with newborns and very young infants, including midwives, perinatal and mental health clinicians, maternal and child health nurses, general practitioners, paediatricians, neonatologists, obstetricians, social workers, and family support workers.

