

February 21: Changes in shared care schedule and GDM testing

As we move to low community numbers and transmission of COVID-19, with enhanced mitigation strategies and vaccination roll-out, we have updated the shared care schedules to:

- Largely resume face to face
- Resume GTTs

Routine Schedule of Antenatal Care for Shared Maternity Care (Parkville):

(COVID-19 Revised: February 2021)

| Gestation | Rh +ve | Rh -ve | Previous caesarean |
|--|-----------|---------------------|--------------------|
| 15-20 weeks | Hospital* | Hospital* | Hospital* |
| 16 weeks | SMCA* | SMCA* | SMCA* |
| 22 weeks | SMCA* | SMCA* | SMCA* |
| 28 weeks Review 26-28 week blood results^ Pertussis/Influenza vaccine if not had | SMCA | Hospital (+ Anti D) | Hospital |
| 32 weeks | SMCA | SMCA | SMCA |
| 34 weeks | SMCA | SMCA | SMCA |
| 36 weeks (plus GBS swab) | Hospital | Hospital (+ Anti D) | Hospital |
| 38 weeks | SMCA | SMCA | SMCA |
| 39/40 weeks | SMCA | SMCA | Hospital |
| 41 weeks (if required) | Hospital | Hospital | |

| | | |
|--|---|---|
| | SMCA Telehealth or Face to Face appointment | *If a telehealth appointment, patient requires BP reading prior |
| | SMCA Face to Face appointment | Examination required: BP, fundal height and fetal heart rate |
| | Hospital Telehealth or Face to Face appointment | *If a telehealth appointment, patient requires BP reading prior |
| | Hospital Face to Face appointment | Examination required: BP, fundal height and fetal heart rate |

^Testing for Gestational Diabetes (GDM): Resumption of:

- **Glucose tolerance test (GTT) for all women at about 26-28 weeks** (unless known to have diabetes)
 - If woman is Rh-ve this is done at RWH. Otherwise this is undertaken in the community (ordered by the hospital with a cc to the shared care doctor/midwife)
 - FBE and blood group antibodies done routinely with GTT

- **High risk women should *also* have a fasting blood glucose (FBG) & HbA1C in first trimester.**
Request from RWH that this *is* ordered by their GP – thank you
 - If FBG ≥ 6 or HbA1C $\geq 5.9\%$ (or RBG ≥ 7.8 mmol/L), please notify the shared maternity care coordinator

- Postnatal GTT for women who have gestational diabetes at about 6 - 12 weeks